

Internship and **Graduate Programs** available in Traralgon,

Psychological Services for Children, Young People and Families

About think.grow.connect

We believe in supporting the practice of psychology regional areas in order to provide a therapeutic service that meets the needs of our community, individuals and families. We provide psychological services and support access to allied health professionals in order to ensure the evidence based therapy that best meets the needs of children and families.

Our highly structured and supportive internship is offered to an enthusiastic provisional psychologist, fulfilling requirements for registration. Once fully registered with AHPRA provisional the psychologist may enter into a role in our graduate program.

Main Duties & Responsibilities

- Provide psychological services to individuals and groups under the guidance principal of the psychologists at TGC and with the supervision of their board approved supervision.
- Participate in individual supervision, small group skills sessions and professional development as directed by the principal psychologists at TGC.
- Ensure a professional, ethical and evidence based service is provided to clients at TGC.
- Focus on providing quality, person-centred services.
- Demonstrate good communication both with relationships client professional relationships.
- Other duties as directed.

If you are interested in working with children, young people and families we offer a unique program aimed to support you in entering the field of child psychology.

CONTACT US: 03 5176 4374

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Clinical Training Program for Provisional Psychologists at think.grow.connect.

Internship

Intern opportunities for Provisional Psychologists are rare in rural settings. We are excited to provide a unique and flexible opportunity to support the completion of your registration requirements. We believe in supporting the practice of psychology in regional areas in order to provide a therapeutic service that meets the needs of our community, individuals and families.

The following is an introduction to our program. This document is a general outline of what is expected by TGC and of TGC. It is not an exhaustive document, any additional issues will be raised with the principal psychologists to ensure the program meets both TGC and the interns needs. Interns are expected to read and sign an agreement around behavioural and course expectations as outlined below.

Our intern program

We offer a 1 year, part-time program. We support registration requirements and assist in seeking additional supervision or placement experiences when needed. We provide the knowledge and skills to work with children, adolescents and their families.

There is no fee for our program. Interns will not be financially remunerated unless a new agreement is arranged with TGC. We will financially support access to professional development opportunities directed by TGC.

We offer:

- Weekly supervision with 2 different supervisors and support for external board approved supervision to ensure registration requirements are met. We aim for supervision experiences that provide you with an opportunity to think with different clinicians.
- Monthly small group skills sessions, providing an opportunity to extend skills development.
- Clear guidelines for practicing within our clinic to ensure expectations around your clinical practice are straightforward.
- Access to support when needed.

We expect:

- Professionalism
- Confidentiality for clients and our business.



- Interns to seek support when needed.
- Preparation for all client related activities.
- Preparation for supervision sessions.
- Preparation for small group skills sessions.
- Demonstration of consideration to all professionals at TGC. Bullying or disrespectful behaviour of any kind will not be tolerated.
- Good communication around any issues, leave, conflict, or confusions.



Hours & Program Duration

	AHPRA Requirements	Our Practice offers
Total Hours	1400; Direct Client Contact 40% with the remainder being client related activities. Up to 60 hours of simulated learning activities.	approximately 840 hours over 1 year.
Weekly hours	17.5 hours per week	20 hours, over 3 days. 42 weeks per year
Direct Client Contact	500 hours	approximately 380 direct client contact
Supervision	80 hours; Principal Supervisor: 50 hours Other Supervisor: 30 hours (can include small group activities)	approximately 42 hours of other supervision
Professional Development	60 hours	additional 40 hours of small group skills sessions; completion of relevant APS e- learning courses as directed by TGC



Support for Completion of Core Competencies:

At think.grow.connect we will support interns in meeting the completion of core competencies. In supporting the intern and the principal supervisor we are able to offer the following.

Knowledge of Discipline:

Direct observation, supervision, and skills sessions provide the opportunity to support the interns knowledge of discipline.

Interns will be expected to articulate aetiology, developmental psychopathology and the evidence-based intervention for common childhood disorders. This will be evaluated during supervision, clinical practice and in group skills sessions.

Ethical, Legal & Professional Matters:

Ethical, legal and professional matters are discussed in supervision and skills sessions. Procedures supporting ethical, legal and professional psychological practice will be discussed at the beginning of the internship and reviewed during the duration of an interns time at think.grow.connect. Practice will be directly supervised providing the opportunity to ensure appropriate support of ethical, legal and professional matters. During the internship there will be frequent opportunities for the observation of practice both within our groups and individual sessions. Written communication will be reviewed by a principal psychologist of the practice.

Interns will demonstrate an understanding of the APS guidelines for working with children and will understand appropriate note taking principals. These skills will be reviewed by principal psychologists during supervision, clinical practice, file reviews, and in group skills sessions.

Psychological Assessment & Measurement:

Psychological assessment and measurement is part of the role of an intern at think.grow.connect. Cognitive assessments will be conducted by interns on a regular basis. Additional psychological assessment & measurement will be conducted when considered appropriate to client understanding.

Interns will administer, score and interpret the WISC. They will develop familiarity with psychometric measures and develop knowledge of appropriate use of psychometric measures in a clinical setting. Scoring and interpretation of assessments will be reviewed by principal psychologists. Written reports will be reviewed by principal psychologists.

Intervention Strategies:

Intervention will be observed regularly during both in group sessions and individual therapy.



Interns will demonstrate the ability to diagnose, develop a formulation and an intervention plan for individual clients. This will be reviewed during supervision and through case presentations.

Research & Evaluation:

Monthly skills sessions, along with supervision, will include review of research. Case study development and review will be supported during both supervision and skills sessions. Presentations of case studies will occur in skills sessions throughout the internship.

Interns will use an evidence base treatment program during group programs and design evidence based treatment for individual clients. This will be reviewed during observations, supervision, and through case presentations.

Working in a Cross Cultural Context:

Our practice offers the opportunity to work with young people and their families from different cultural backgrounds, non-english speaking families, with disabilities and who differ from the psychologist in age, religion, sexuality and beliefs.

The ability to understand work in a cross cultural context will be evaluated during observations, supervision, and through case presentations.

Communication and Interpersonal Skills:

Good communication and interpersonal skills are a key part to practice at think.grow.connect. Interns will be expected to demonstrate good communication and interpersonal skills with clients and other professionals.

Interns will conduct case presentations and all written communication will be reviewed by a principal psychologist.

Practice Across the Lifespan:

We offer the opportunity to work with young people and their families. This will occur in individual therapy sessions and within group therapy sessions. Parent sessions will also be required. Work with adults will be offered but must be supported by external supervision arrangements that we will support. Experience with late adulthood will be sourced outside our practice.

Skills and knowledge of development across the lifespan will be provided during skills sessions and interns will be required to contribute to learning through assigned reading and discussion based learning.

APS 5+1 guidelines:

http://www.psychologyboard.gov.au/Standards-and-Guidelines/Codes-Guidelines-Policies.aspx



Graduate Program at think.grow.connect.

Graduate opportunities for Psychologists are rare in rural settings. We are excited to provide a unique and flexible opportunity to support you as a new psychologist. We believe in supporting the practice of psychology in regional areas in order to provide a therapeutic service that meets the needs of our community, individuals and families.

The following is an introduction to our program. This document is a general outline of what is expected by TGC and of TGC. It is not an exhaustive document, any additional issues will be raised with the principal psychologists to ensure the program meets the needs of all new graduates and our service. Graduates will enter a casual employment arrangement with TGC which includes participation in the program outlined below.

Our graduate program

If entering our program as a provisional psychologist we will support you in meeting all requirements to work, in addition to placement as outlined by the Psychology Board of Australia.

When fully qualified we offer a 2 year, casual employment program to new graduates under the Health Professionals and Support Services Award 2010. We recognise and support you as you enter the field of psychology and aim to provide you with a good foundation in the field of psychology. We provide the knowledge and skills to work with children, adolescents and their families.

We offer:

- Weekly supervision with 2 different supervisors during your role in our graduate program.
 We your access to external board approved supervision until you are fully registered as a psychologist. We aim for supervision experiences that provide you with an opportunity to think with different clinicians.
- Monthly small group skills sessions, providing an opportunity to extend skills development.
- Clear guidelines for practicing within our clinic to ensure expectations around your clinical practice are straightforward.
- Access to support when needed.

We expect:

- Professionalism
- Confidentiality for clients and our business.
- Graduates to seek support when needed.
- Preparation for all client related activities.



- Preparation for supervision sessions.
- Preparation for small group skills sessions.
- Demonstration of consideration to all professionals at TGC. Bullying or disrespectful behaviour of any kind will not be tolerated.
- Good communication around any issues, leave, conflict, or confusions.



WE WILL BE HOLDING AN INFORMATION SESSION ON FRIDAY 1ST DECEMBER 2017 FROM 10AM TO 12PM

TO REGISTER EXPRESSIONS OF INTEREST, PLEASE CONTACT US ON (03) 5176 4374